Change and Maintain
16 Clarke Street, Suite B5
Lexington, MA 02421
508-203-1069
danielle.barry@changeandmaintain.com

Informed Consent for Adult ADHD Evaluation

General Information

I understand that the purpose of the adult ADHD evaluation is to determine whether or not I meet diagnostic criteria for ADHD based on my history and current symptoms. The evaluation will include a thorough diagnostic interview, review of relevant medical records, completion of questionnaires and may, with my consent, include an interview with someone who has known me well for several years. The evaluation fee also includes preparation of a written report and a feedback meeting in which Dr. Barry and I will review the results.

I understand that this evaluation **may or may not** result in a diagnosis of ADHD. Completion of the evaluation and payment of the fee does not guarantee an ADHD diagnosis and may result in another psychiatric diagnosis or no diagnosis at all. Dr. Barry is ethically required to make an objective diagnosis based on the results of the evaluation.

Whether or not I receive a diagnosis of ADHD, I will be provided with any diagnosis identified during the evaluation. I will also be provided with treatment recommendations. I may request a copy of the report for my personal records or to share with other providers.

Limits of Confidentiality

Confidentiality The session content and all materials relevant to your treatment will be held confidential unless you request in writing to have all or portions of such content released to a specifically named person/persons. Limitations of such client held privilege of confidentiality exist and are itemized below:

- 1. If you threaten or attempt to commit suicide or otherwise conduct yourself in a manner in which there is a substantial risk of incurring serious bodily harm.
- 2. If you threaten grave bodily harm or death to another person.
- 3. If I have a reasonable suspicion that you or other named individual is the perpetrator, observer of, or actual victim of physical, emotional or sexual abuse of children under the age of 18 years.
- 4. Suspicions as stated above in the case of an elderly person or a disabled person who may be subjected to these abuses.
- 5. Suspected neglect of the parties named in items #3 and #4.
- 6. If a court of law issues a legitimate subpoena for information stated on the subpoena.
- 7. If you are in therapy or being evaluated or treated by order of a court of law, or if information is obtained for the purpose of rendering an expert's report to an attorney.

Occasionally I may need to consult with other professionals in their areas of expertise in order to provide the best treatment for you. Information about you may be shared in this context without using your name.

BY SIGNING BELOW I AM AGREEING THAT I HAVE READ, UNDERSTOOD AND AGREE TO THE ITEMS CONTAINED IN THIS DOCUMENT.